

20 Women 24 Building Bio

September 25, 2024



DRIVING INNOVATION IN WOMEN'S HEALTH
BONUS CONTENT



20 Women
24 Building Bio

MENTOR CIRCLES PROGRAM

Teri Ngo

Membership Chair

Women in Bio Capital Region Chapter

WOMEN IN BIO MISSION

Founded in 2002, Women In Bio (WIB) is an organization of professionals committed to promoting careers, leadership and entrepreneurship for all women in the life sciences.



Learn More About WIB

Mentor Circles Program

- Pairs 1 mentor with 2-3 mentees based on areas of shared interest.
- The circles aim to meet monthly, either in person or virtually, over the course of a year.
- Mentees can set personal and professional goals, which are regularly reviewed and refined with the help of their mentors. There are also program-only events throughout the year, that enhance the experience!
- This program fosters **meaningful connections and growth**, helping women navigate their career paths with confidence. An additional fee (\$30) applies for participation in this program.
- Registration for the next cohort for 2025 will begin December 1st.

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Scan to view the
full agenda



#VAbioWBB2024

ADVANCING WOMEN'S HEALTH AND EQUITY

Lara D'Antonio, Heather Richter,
Tiffany Whitlow

Making an Impact



View Video to learn more about one example of community outreach.

- Education and engagement within underserved and underrepresented communities.
- Providing access to clinical trials along with additional research opportunities.
- Build relationships to learn who people are, their needs and how to best serve them.



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FUNDING THE FUTURE: IMPACT INVESTING IN BIOTECH

**Aurelia Flores, Jacqueline Olich,
Cathryn Paine**

Investing Resources



Investing Resources

1. Springboard Enterprises

- Accelerates growth of women-led companies in technology and life sciences
- Provides access to resources and a global network of entrepreneurs, advisors, and investors
- Has accelerated 920+ women-led companies, generating \$39B in value over 24+ years
- Website: <https://sb.co>

2. Activate Fellowship

- Transforms scientists and engineers into founders
- Empowers entrepreneurs to bring research to market
- Offers a two-year fellowship with funding, technical resources, and network support
- Website: <https://www.activate.org/the-fellowship>

3. Emmeline Ventures

- Invests in female and female-identifying founders
- Focuses on businesses empowering women in health, wealth, and environmental sectors
- Concentrates on pre-seed and seed stage investments
- Celebrates diversity and historically under-represented backgrounds
- Website: <https://www.emmelineventures.vc>

4. FemHealth Ventures

- Invests in women's health innovations
- Uses a structured "FemHealth Framework" for evaluation
- Focuses on conditions appearing only in women, mostly in women, or differently in women
- Website: <https://www.femhealthventures.com>

5. Citrine Angels

- Website: <https://www.citrineangels.com>

6. xElle Ventures Fund 2

- Website: <https://www.xelleventures.com/xelle2>

Investing Resources

7. Show Her The Money

- Provides resources for women in business and investment
- Resource Page: <https://showherthemoney.com/resources/>

8. The Purse Podcast by WSK

- Podcast focusing on women, money, and financial empowerment
- Hosted by Jen Hemphill, featuring conversations with women about their money journeys
- Aims to help women build wealth and make confident money decisions
- Website: <https://www.jointhepurse.com/podcast>

9. The Angel Next Door Podcast

- Hosted by Marcia Dawood, an experienced angel investor and venture capitalist
- Focuses on demystifying angel investing and entrepreneurship
- Provides insights and advice for both new and experienced investors
- Features interviews with successful angels, VCs, and entrepreneurs
- Website: <https://www.marciadawood.com/the-angel-next-door-podcast>

10. Invest in Her with Catherine Gray

- Podcast focused on investing in women-owned businesses
- Hosted by Catherine Gray, featuring interviews with investors and entrepreneurs
- Provides insights into angel investing and supporting women-led startups
- Part of the SheAngels initiative to support and fund women entrepreneurs
- Website: <https://www.sheangelinvestors.com/invest-in-her-podcast/>

11. Venture:F Podcast

- Hosted by Laura Nix Gerson
- Features interviews with financial experts, female founders, and funders
- Focuses on discovering solutions for creating greater opportunity, gender equity, and wealth for women
- Tagline: "Where the future is female"
- Website: <https://www.venturef.com/podcast>





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Self-Care
Demystified



SHEETAL
AJMANI

Pediatrician & Founder
Radiant Living Institute

Create Your Self-Care Plan



What are the top 3 emotions you **currently experience** daily?

What are the top 3 emotions you'd like to **experience** daily?

Brainstorm all the ways that you can experience more of the emotions you want.

Body, Mind, Emotions, Spirit, Relational

Look back at your list. Circle the one that will be simplest to incorporate

Choose a frequency and duration

When will you start?



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